

ARLINGTON  
WELLNESS

# BINGO

CLASS @  
E60  
ARLINGTON

SIGN UP  
FOR  
THRIVE  
NEWS-  
LETTER

SNACK @  
SOUTH  
BLOCK

SESSION @  
AWARE-  
HOUSE

RISING  
YOGA  
CLASS @  
SUN &  
MOON

30 SEC OF  
MT.  
CLIMBERS

CLASS @  
BASH  
BOXING

CLASS @  
MAD-  
ABOLIC

RUN WITH  
A CLUB

GET A  
DRINK @  
BAD ASS  
COFFEE

RISING  
YOGA  
CLASS @  
SUN &  
MOON

GET A  
DRINK @  
BAD ASS  
COFFEE

ATTEND  
KICKOFF  
EVENT



CLASS @  
BASH  
BOXING

1 MIN  
PLANK

SNACK @  
SOUTH  
BLOCK

FOOD/  
DRINK  
UPSIDE ON  
MOORE

SIGN UP  
FOR  
THRIVE  
NEWS-  
LETTER

RISING  
YOGA  
CLASS @  
SUN &  
MOON

CLASS @  
E60  
ARLINGTON

SESSION @  
AWARE-  
HOUSE

CLASS @  
E60  
ARLINGTON

RISING  
YOGA  
CLASS @  
SUN &  
MOON

ATTEND  
KICKOFF  
EVENT



CLASS @  
MAD-  
ABOLIC